



# Competitive Wisdom

## 3-Hour Exam Timer (180 Minutes)

Use this sheet to track your 180 minute exam. Mark checkpoints as you progress.

Minute	Task / Progress Check	Completed (✓)
00 min		
05 min		
10 min		
15 min		
20 min		
25 min		
30 min		
35 min		
40 min		
45 min		
50 min		
55 min		
60 min		
65 min		
70 min		
75 min		
80 min		
85 min		
90 min		
95 min		
100 min		
105 min		
110 min		
115 min		
120 min		
125 min		
130 min		
135 min		
140 min		
145 min		
150 min		
155 min		
160 min		
165 min		
170 min		
175 min		
180 min		